



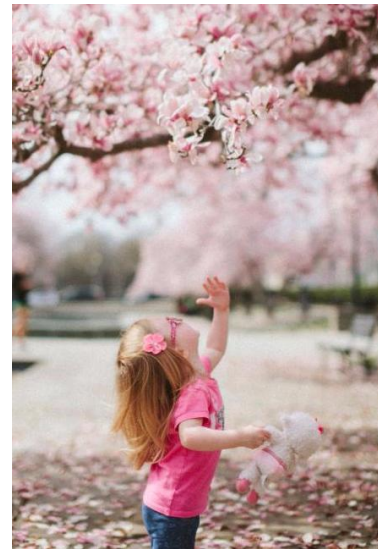
June 2017

Hidden Costs of Summer

Supporting Our Community's Future

What are your kids up to this summer? Sounds like a casual question, but for many parents it can feel loaded. Have you managed to pull together a plan to keep your children engaged, healthy, and safe, while still allowing you to keep feeding and clothing them? For many parents, summer is a financial and logistical nightmare.

Thousands of Oregon children depend on free or reduced priced meals during the school year, though access to these meals is far reduced during the summer when School Lunch Program providers are open at inconvenient hours or locations. There are 600 summer meal sites in Oregon, but over twice as many public schools, making free/reduced-cost lunches half as available during the summer. For families struggling with food insecurity in the summer, the City of Portland supplements the School Lunch Program with its free lunch and play program, which runs from June 20th to August 25th (<https://www.portlandoregon.gov/parks/69873>).



Another benefit of school that becomes unavailable during the summer break is day care. Although there are subsidies, like the Employment-Related Day Care program (ERDC), to reduce the cost of child care, finding care for children during school breaks presents a challenge for parents. For those families who cannot rely on care from family members or hire a summer nanny, there are low-cost options available to keep kids occupied while their parents are working. The YMCA offers low cost day camps that are sports, arts, adventure, and Lego themed, and libraries often host reading groups for kids during the summer. Churches, schools, and nonprofit groups provide low-cost day camps as well as one or multi-week summer camps where room, board, and activities are covered in a registration cost reduced for low-income families.

Education personnel are mandatory reporters and often receive training on how to spot neglect/abuse, making teachers the primary reporters of child abuse and a vital part of the community effort to prevent child trauma. When kids are on summer vacation, other community members must fill the

void left by teachers. Call 911 if you think someone is being hurt or the Oregon Department of Human Services at 1-855-503-SAFE (7233) if you suspect child mistreatment. Keeping kids healthy and safe can require some artful logistics, thankfully there are community resources available to help families have a safe and fun-filled summer!

To make a referral or to schedule an outpatient appointment at Morrison, please call us at 503-258-4381.

Mental Health Matters

Thank You for Walking

On Sunday, May 21, 2017, we joined the National Alliance on Mental Illness (NAMI) for the largest mental health event in Oregon and Southwest Washington. Thank you to everyone who joined us to make a statement that mental health matters, that recovery is possible, and that no one should be ashamed or embarrassed to ask for help.



Pictured: Morrison staff and community supporters walk together to support NAMI's mission to improve the quality of life of individuals living with mental illness and their families and loved ones through education, support, and advocacy.

Watch the Pros and Support Morrison

Winco Foods Portland Open

Join us August 21-27, 2017, for the annual WinCo Foods Portland Open. At the Regular Season Finale on the Web.com Tour, 25 players will earn their PGA Tour Cards. Check out 156 of the best golfers in the world and watch 2-Time PGA TOUR winner Justin Thomas and 2015 PGA TOUR Rookie of the Year Daniel Berger for just \$25!

Best of all, 100% of your ticket purchase supports Morrison. Your ticket purchase includes free parking, four days of PGA Tour golf action, a junior clinic, a free Sunday breakfast and much more. To buy your tickets today, [click here](#).



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Our Mission

At Morrison Child and Family Services, we partner with families and communities to provide effective and responsive services for children and youth coping with adversity and trauma.

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