

July 2019



# **luminosa**

**morrison metric century**

*Just 6 weeks left!*  
*Join us on Saturday, August 10th for*  
*Luminosa 2019 Bike Event in Support of*  
*Morrison Kids*

[Sign up today!](#)

Use coupon code **BIKE4KIDS2019** for \$10 off the 64, 44 and 26 mile rides!

As summer gets underway, we're in full swing with preparations for our 2nd annual bike event in support of Morrison Child and Family Services. Sponsored by [Pacific Office Automation](#) and the Morrison Foundation, this first-class, multi-distance bike

ride supports Morrison Child and Family Services in providing prevention, foster care, mental health, and substance abuse treatment to children, youth, and families.

A big shout-out to our many partners and sponsors who help to make this event possible: [Adventure Cycling Association](#), [JAN-PRO of Portland/Vancouver](#), [EMA Architecture](#), [Comcast Business](#), [Plaid Pantry](#), [Starbucks](#), [Red Bull](#), [Clif Bar](#), [Franz Bakery](#), [Western Bikeworks](#), [Showers Pass](#), [NAMI Oregon](#), [Joe Bike](#), [Tom Cook Photo](#), [Phototainment PDX](#), and [April Severson Events](#).

Four unique routes begin and end at [Champoeg State Heritage Park](#) south of Portland and everyone is welcome at the Finish Line Party featuring food, games, and live music by [The Denominators!](#)

You will cycle alongside fields of Oregon's world-famous hops, past views of vineyards and through quaint towns. Each route is amply marked with its own color-coding that matches the printed cue sheets, and there will be signage along the routes. We will also have printed versions of the routes and cue sheets at check-in and you can follow along with the Ride with GPS app!

***Read on to learn what you can see along each bike route!***

### **2019 Luminosa 62-Mile (Metric Century) - 4.5 - 6.5 hours**

Along your route, you'll meander through small towns and past small churches, amidst beautiful farmlands and nurseries. As you make your way south, you'll pass St. Louis Church built in 1880. At the Mt. Angel Rest Stop, next to City Hall, you'll be in the heart of this German town, the site of Oktoberfest, and you'll be able to view Mt. Angel Abbey, a private Roman Catholic seminary and community of Benedictine monks. Founded in 1882 by Benedictine monks who immigrated to the United States from Engelberg, Switzerland, the abbey is also home of the Benedictine Brewery founded in 2018, one of only three monastic breweries in the U.S.

Near the LaFollette Mission Orchards Rest Stop, is Willamette Mission State Park, the site of the former Willamette Mission, established in 1834 by Rev. Jason Lee. Today, the old mission has been rebuilt as a ghost structure. As you ride through St. Paul, you'll pass the site of the famous St. Paul Rodeo and you'll want to take note of St Paul Roman Catholic Church, which, as Oregon's first church to be built with bricks in 1846, is the oldest brick building in the Pacific Northwest. Your final rest stop will be at St. Paul High School.

### **2019 Luminosa 44-Mile - 3 - 5 hours**

Along your route, you'll meander through the countryside, as you pass Lady Hill Winery, hop and berry farms. As you make your way south, you'll pass St. Louis Church built in 1880. Near the LaFollette Mission Orchards Rest Stop, is Willamette Mission State Park, the site of the former Willamette Mission, established in 1834 by Rev. Jason Lee. Today, the old mission has been rebuilt as a ghost structure. As you ride through St. Paul, you'll pass the site of the famous St. Paul Rodeo and you'll want to take note of St Paul Roman Catholic Church, which, as Oregon's first church to be built with bricks in 1846, is the oldest brick building in the Pacific Northwest. Your final rest stop will be at St. Paul High School.

### **2019 Luminosa 26-Mile - 2 - 3 hours**

Along your route, you'll meander through small towns and past small churches. You will pass Lady Hill Winery, beautiful farms and nurseries. As you make your way south, you'll pass St. Louis Church built in 1880. As you approach the St. Paul High School Rest Stop, you'll pass the site of the famous St. Paul Rodeo and you'll want to take note of St Paul Roman Catholic Church, which, as Oregon's first church to be

built with bricks, in 1846 is the oldest brick building in the Pacific Northwest.

### **2019 Luminosa 14-Mile (NEW!) - 1-2 hours**

No Rest Stop included in this route but Sag Wagon Support will be available as with the three routes above. Along your route, you'll enjoy the beauty of the Champoeg area and you will see a variety of nurseries and farms.



*Photo by Tom Cook Photo*

Luminosa is not only an enjoyable event that takes place in the great outdoors. Importantly, it brings people together to support our mission so that future generations of Oregon's kids and families can thrive and achieve their full potential. With our effective behavior health and prevention services, mental health and substance use challenges can be addressed and treated.

Your participation in Luminosa supports the Morrison Foundation which partners with the community to sustain and expand financial support for Morrison's programming. [When you sign up](#), you can also designate a special gift to the Rotary Youth Center campaign. Don't forget to use coupon code **BIKE4KIDS2019** for \$10 off the 64, 44 and 26 mile rides!

You also have a chance to win this awesome 2019 Felt Breed 20 gravel bike in your size when you buy a raffle ticket (or two!) during the Finish Line Party! Retail value \$2650.00. *Thank you to Pacific Office Automation and TriTech Bikes.*



We need volunteers! Please reach out to [katie.grimmer@morrisonkids.org](mailto:katie.grimmer@morrisonkids.org) to find out how you can help. For sponsorship inquiries, please contact [molly.newgard@morrisonkids.org](mailto:molly.newgard@morrisonkids.org)

*Now in our 72nd year, Morrison serves over 8,000 youth and families annually in Multnomah, Washington, Clackamas, Columbia, Linn, Benton, Lincoln, Marion, and Polk counties.*

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## *We Met the Challenge!*

We are proud to share that we reached our goal to raise at least \$30,000 by 6/30 from



BRAND-NEW DONORS toward the [Rotary Youth Center](#) campaign. We are so grateful to [PCC Structural](#) for putting forth this match incentive and turning \$30,000 into \$60,000! And to our **65 NEW** individual, corporate and foundation donors, we **THANK YOU!**

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[Check out our 2018 Annual Impact Report](#)

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## Our Mission

At Morrison Child and Family Services, our Mission is to help children, youth, and their families with mental health and substance use challenges

**Set an Appointment**

while working to prevent them from developing in the first place.

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**Stay Connected**



**Join our mailing list.**

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