

An Updated Letter from Drew Henrie-McWilliams, CEO

Hello fellow community members,

In the ongoing protests of the past several weeks, and as we continue to grieve the continuous killing of people of color (POC) by those who promote white supremacy and related acts of oppression, I want to highlight a few things we are learning. What follows includes our hopes for the country and an ongoing call to action for dominant culture members:

1. The persistent acts of senseless, hateful violence toward POC that occurs in our Country needs our direct and sustained non-violent actions. Several of our colleagues of color have shared feeling "statement fatigue" and "action starvation." Therefore, we must be a part of making changes, so that we don't continue to contribute to things staying the same. We need to emphasize over and over what it means to promote the wise and powerful concepts of liberty and justice for all. This work cannot be done alone by those directly impacted; our POC community members especially need the full support and effort of those of us in the dominant culture.
2. As a White male in our society, I have many privileges. What comes with my privilege, as it does with others who are born into a race, sexual orientation, religion, etc. of the dominant culture, is responsibility; I have the responsibility to act against racist practices within our society and institutions and act for the changes needed to make things better for POC. It's essential to share that Morrison's obligation goes beyond well-stated words of support and commitment, and requires ongoing intentional action.

With action in mind, here is a link to our "[Morrison Equity and Inclusion Policy](#)" that began in November of 2017, was revised in March of 2018, and completed with full endorsement by our Equity Advisory Council and Board of Directors in January of 2019! There is also a link to our [current 1-year action plan](#) for July 1st, 2020 along with our [outcomes vision](#). Please continue to join us in taking action.

In humble service,

Drew Henrie-McWilliams

Drew Henrie-McWilliams

[Morrison Equity and Inclusion Policy](#)
[Strategic Directions 2020](#)
[Practical Vision](#)

The Rotary Youth Center at Morrison

Searching for a way to help our community? We are incredibly close to reaching our funding goal for The Rotary Youth Center at Morrison, and construction is under way on Sandy Blvd. You can help make a difference by supporting us as we create this space for our youth.



The Rotary Youth Center at Morrison will be a resource for kids and families in need across our community. It will be a social and active place that celebrates unity while promoting growth and

healing.

Let's complete this monumental project together.



Help us Reach 100% Funding Today.

We Are Drawn Together



[Team Morrison: NAMI Walks Your Way 2020](#)

NAMI Walks Your Way Animation

Morrison's social media followers came together to support the National Alliance on Mental Illness NAMI Walks Your Way virtual event by coloring each step of an animated walk. NAMI shared this animation on May 30th, the day of the virtual walk. We hope you enjoy this video which brought our supporters together through their art and creativity.

Feelings Portrait Craft

We understand feelings can be hard to articulate for adults and children alike. Start the conversation of identifying your feelings with the children in your life through this color and cut activity.

[Download the Activity Here](#)



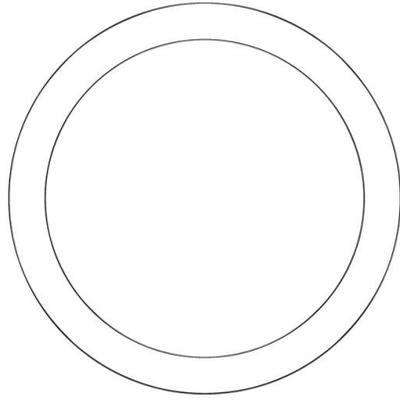
[Feelings Activity](#)

Safe Space Activity

Join us in completing this internal safe space activity, which can help soothe an anxious or overwhelmed mind. Gather paper and your coloring supplies and draw 2 large circles, one inside of other, then:

1. Breathe. How do you look when you are very calm? Draw your calm self inside the inner circle.
2. What comforts you? Draw those shapes or objects around yourself.
3. What colors and shapes feel soothing?

My Safe Space



What colors and shapes feel strong? Use them both to fill in the larger circle around your drawing.

When you are anxious, use this drawing to help you imagine your safe space and all of the strong and soothing colors and shapes that surround you.

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Our Mission

At Morrison Child and Family Services, our mission is to help children, youth, and their families with mental health and substance use challenges while working to prevent those challenges from developing in the first place.

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