



morrison
child & family services

Dear Friends,

The events of these past several weeks have presented another horrific reminder of the trauma and violence that have become all too common place for historically marginalized and racially oppressed communities in our country. The viciousness encountered by oppressed people in America continues daily and the impacts of racism and related violence reverberate throughout our community resulting in outrage, grief, and fear.

The stress and trauma associated with living in such a perpetual state of fear takes a toll – mentally, physically, and socially.

As Morrison stands with you as part of our larger community, I encourage us all to take a few minutes and lean on a couple of the tools that we have learned from the trauma-based Sanctuary Model®. The two I want to offer include:

- **Checking-in with one another.** Do this more frequently. Check in on the emotions of your family, friends, and peers. As our Director of Equity, Inclusion & Sanctuary, Patricia Weekley, helpfully reminds me, remember that those with racially oppressed and marginalized identities may seek comfort from others and respond to trauma differently. Support for them may simply be listening attentively to hear what's being shared and not to speak or offer solutions from a dominant culture perspective.
- **Create a Safety Plan.** What can you be doing to create safety for yourself in times of fear – not just for emotional safety, but physical, moral, and social safety as well? Do you want to share it with others to help and support you in your practice of it?

In our continued work to support children, youth, and families, it is especially essential that we also do so for ourselves.

Respectfully,

Drew Henrie-McWilliams

From our Equity Advisory Council

As we grapple with the most recent attacks on the Asian-American and Pacific Islander (AAPI) community, it's important to remember this racist hate is not new and is rooted in centuries of white supremacy and colonialism that we have to actively unlearn every day.

Part of how we hope to do this is through the Inclusive Racial History series we are developing for our staff and community, and by following a race-first approach, as we seek to become a more equitable organization.

Morrison stands with our AAPI siblings in denouncing Anti-AAPI hate, whether it is in Oregon or across the globe.



Program Highlight: Parents Anonymous® of Oregon and the Parent Mentor Program

In Oregon, **the number one reason** children are separated from their families and placed in foster care is parental substance use.

Our program provides intervention, prevention, and support for parents and families working through substance use, child welfare, and other challenges.

Our Parents Anonymous® Groups:

- Are trauma informed and evidence-based
- Provide resources for both parents working through substance use, and their children
- Promote leadership and community

Our Parent Mentors:

- Provide recovery support to parents navigating the DHS system
- Are part of the Parent Advisory Council and have a impact on the improvement of Oregon's Child Welfare System

Members of our Parent Mentor staff answer commonly asked questions about the program:



[Learn more about the Parents Anonymous® and Parent Mentor Program here.](#)

Silver Linings 2021 was a Success!

2021 presented us with a new opportunity to host our Silver Linings event virtually. Thanks to our attendees, sponsors, and donors, it was a huge success.

Our community joined us live to learn about a variety of our programs, listened to our staff speak to why they do the work, how we have continued providing services throughout Covid-19, and a spotlight on our Outpatient Services use of telehealth.

Together our sponsors and donors raised

\$89,668

for our youth and families



for our youth and families



You can still check out the event!
Visit our [Recap](#) to watch a summary of the event.

[DONATE NOW](#)

Contact

[Media Contact](#)
[Set an Appointment](#)

Our Mission

At Morrison Child and Family Services, our mission is to help children, youth, and their families with mental health and substance use challenges while working to prevent those challenges from developing in the first place.

Stay Connected



[Join our mailing list!](#)

[2019 Impact Report](#)
[Board of Directors](#)
[History](#)
[Programs](#)
[Careers](#)